

SOS / COVID-19

ALERT-ΕΙΔΟΠΟΙΗΣΗ-ALARME-WARNUNG



HELLENIC REPUBLIC



GENERAL SECRETARIAT
FOR CIVIL PROTECTION

Visitors returning from countries where there is a local transmission of the new virus are advised the following:

They should **self-quarantine for 14 days**. This is a mandatory measure for anyone arriving from abroad, and failure to do so will result in prosecution and fines.

Those under quarantine should **self-monitor their temperature** twice daily.

In case of symptoms they should **contact their doctor** and see if a test is necessary.

They should **avoid visiting the local hospital** because of a risk of further transmission or exposure to the new virus.

If you do not have a doctor, please **call the dedicated telephone line of the National Public Health Organization: 1135**. It is available 24 hours. They will give you instructions.

People who have undergone quarantine for 14 days without any symptoms are free to go about their usual activities, always **in accordance to the regulations at place** regarding COVID-19 measures.

People who usually live in the same household should **self monitor their health** on a daily basis. In case of symptoms they should also contact their doctor and see if a test is necessary.

We strongly suggest **avoiding crowded places** and **maintaining strict personal hygiene**.

These instructions apply even if symptoms develop **after the end of your quarantine**.

